



## ADULT CLASSES ENROLLMENT FORM

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### CONTACT INFORMATION

<b>NAME</b>		
<b>STREET ADDRESS</b>		
<b>CITY, STATE, ZIP</b>		
<b>AGE</b>		
<b>ETHNICITY</b>		
<b>PHONE</b>	<b>HOME:</b>	<b>WORK:</b>
<b>E-MAIL ADDRESS</b>		

#### **Credit Smart**

Credit Smart provides Lansing-area families with basic family finance and credit management skills. The training provided is designed to provide participants with the information, budget, and credit management skills needed to enable them to manage their money and save more effectively, seek credit wisely, and cure bad credit.

Last Week of Each Month 6:00 – 9:00 p.m. Tuesday and Thursday Room 201

#### **BCFI Adult Computer Literacy Classes**

These courses are designed to give participants a good understanding of word processing, including formatting, editing, printing, and its use with MS Excel, MS Power Point and the Internet.

Contact Cynthia Thomas, Education Director, for dates and times.

#### **Guiding Good Choices—Parenting Education Classes**

For parents with children ages 9-14. Learn strategies to help their children avoid drug use and other adolescent problem behaviors. Parents practice skills to strengthen family bonds, help their children develop healthy behaviors, and increase their involvement in the family.

Contact Cynthia Thomas, Education Director, for dates and times.

#### **Senior Exercise Program**

Sponsored by the Tri-County Office on Aging, Jane Braatz leads seniors in gaining or maintaining good health with walking, stretching and strength training. All exercises are low-impact.

Contact Jane Braatz (517) 699-1864

Weekly 1:30– 2:15 p.m. Tuesdays and Fridays

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#### CHECK BOXES FOR CLASSES YOU WANT AND RETURN TO BCFI:

835 W. GENESEE LANSING, MI 48915  
 OFFICE: (517) 487-3775 x 103 FAX (517) 487-0844  
 EMAIL: [EDUCATION@BCFI.ORG](mailto:EDUCATION@BCFI.ORG)  
 WWW.BCFI.ORG